



# Community Links for Better Health and Wellness in our Community

Concho Valley Mental Health Awareness Training (CVMHAT)



For Immediate Mental Health Crisis Support  
Call (325) 653-5933 / (800)375-8965

Dear Community Member,

Many community services and programs are available to you and your family in the following counties: Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green. We encourage you to contact the agencies directly for more details about what each organization can offer. Many agencies have extensive information on websites and social media.

211 Texas local information and referral is a three-digit telephone number. By calling 211, you can access free information and referrals to local agencies.

This guide is updated monthly but may not include every resource guide in your area.

### **ABOUT COMMUNITY LINKS**

This guide is provided by the SAMSHA Mental Health Awareness Training Grant (MHAT). The Concho Valley MHAT project will train and certify individuals as Mental Health First Aiders in the Concho Valley. The project will focus on training the public, service members, veterans and their families (SMVF), first responders, and public and private school personnel identify signs of mental illness and train to make appropriate referrals to license mental health providers and community resources. The curriculum to be used is the evidence-based Mental Health First Aid (MHFA) training.

### **ABOUT MENTAL HEALTH FIRST AID**

**Mission: IDENTIFY. UNDERSTAND. RESPOND.**

Mental Health First Aid is a skills-based training course that teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Mental Health First Aiders are.... Teachers, first responders, and veterans. They're neighbors, parents, and friends. They're people in recovery and those supporting a loved one. They're First Ladies and Mayors. Mental Health First Aiders are anyone who wants to make their community healthier, happier, and safer for all!

Most of us would know how to help if we saw someone having a heart attack—we'd start CPR or, at the very least, call 9-1-1. But too few of us would know how to respond if we saw someone having a panic attack or if we were concerned that a friend or co-worker might be showing signs of alcoholism.

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Mental Health First Aid takes the fear and hesitation out of starting conversations about mental health and substance use problems by improving understanding and providing an [action plan](#) that teaches people to safely and responsibly identify and address a potential mental illness or substance use disorder.

When more people are equipped with the tools they need to start a dialogue, more people can get the help they need. Mental Health First Aiders are a vital link between someone experiencing a mental health or substance use challenge and appropriate support.

If you want to make a difference and become a Mental Health First Aider, you may contact:

Aime Baeza  
MHAT Coordinator  
[ebaeza@mhmtcv.org](mailto:ebaeza@mhmtcv.org)  
325-658-7750

Jason Vaquera  
MHFA Coordinator/Outreach Worker  
[jvaquera@mhmtcv.org](mailto:jvaquera@mhmtcv.org)  
325-658-7750

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## Employment

| ORGANIZATION NAME                                                    | HOURS                                           | NUMBER       | CARE MANAGEMENT SERVICES                                                                                                                                                                             |
|----------------------------------------------------------------------|-------------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Goodfellow AFB Family Center</b><br>171 Valiant St, Building #145 | Mon, Wed, Thurs, Fri 8 AM-4 PM & Tues 8 AM-6 PM | 325-654-3893 | Service area GFAFB active military members or retired military and their families who must move frequently and seek new employment.                                                                  |
| <b>Concho Valley Workforce Solutions</b><br>202 Henry Flipper        | Mon-Fri: 8 AM-5 PM                              | 325-653-2321 | This organization is designed to serve as a single point of contact for employers to communicate their workforce needs, including training. Employment assistance and supported employment services. |
| <b>Vocational Rehab (used to be DARS)</b><br>202 Henry Flipper       | Mon-Fri: 8 AM-5 PM                              | 325-653-2321 | Vocational rehab services are available for people with disabilities to prepare for and locate jobs.                                                                                                 |
| <b>Goodwill Career Center</b><br>2301 Sherwood Way                   | Mon–Thurs: 8 AM –5 PM<br>& Fri: 8 AM–3 PM       | 325-703-6811 | The Goodwill Career Center offers one-on-one training to help individuals in our communities reach their goals and secure meaningful employment. The services are completely FREE.                   |
| <b>People Ready</b><br>311 W 1 <sup>st</sup> St                      | Mon-Fri 5:30AM-6PM &<br>Sat: 7AM-11AM           | 325-659-1166 | Specializes in quick and reliable on-demand labor and highly skilled workers.                                                                                                                        |
| <b>MHMRCV Employment Assistance Program</b><br>1501 W Beauregard     | Mon-Fri 8 am-5 pm<br>Closed 12 pm-1 for lunch   | 325-658-7750 | Services Include: Assistance with obtaining employment<br>Exploring career options and interests<br>Job skills training<br>On-the-job training<br>On-going consultation services                     |
| <b>MHMRCV Vocational Apprenticeship Program</b><br>1501 W Beauregard | Mon-Fri 8 am-5 pm<br>Closed 12 pm-1 for lunch   | 325-658-7750 |                                                                                                                                                                                                      |

## Protective Services

| ORGANIZATION NAME                                                                                                                                     | HOURS             | NUMBER                                                         | CARE MANAGEMENT SERVICES                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <b>Texas Department of Family &amp; Protective Services (TDFPS)- Adult Protective Services and Child Protective Services</b><br>622 S Oaks St Suite L | Mon-Fri 8 am-5 pm | 325-657-8833<br><b>24 Hour Hotline:</b><br><b>800-252-5400</b> | Investigation of Abuse, Neglect, or exploitation of children or people who are elderly or disabled. |

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## Legal Assistance

| ORGANIZATION NAME                                                                                               | HOURS                                      | NUMBER           | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Legal Aid of Northwest Texas</b><br>17 S Chadbourne St #403                                                  | Mon–Fri 8 am–5 pm                          | 325-653-6982     | They provide free civil legal services to the low-income community. Civil matters only.                                                                                                                                                                                                                                                                                                                 |
| <b>Family Law Hotline-Texas Advocacy Project</b>                                                                | Mon-Fri 8 am-5 pm                          | 800-777-3247     | Texas Advocacy Project is a statewide nonprofit legal services organization. Project attorneys provide free legal services statewide to victims of domestic violence, sexual assault, and stalking.                                                                                                                                                                                                     |
| <b>Disability Rights Texas</b><br>4747 South Loop 289 #120<br>Lubbock, TX,79424                                 | Mon-Fri 8 am-5 pm                          | 800-252-9108     | Advocates for the legal rights of Texans with Disabilities.                                                                                                                                                                                                                                                                                                                                             |
| <b>Office of the Attorney General- Child Support</b><br>622 South Oakes                                         | Mon-Fri 8 am-5 pm                          | 325-653-7326     | Provides a navigator immediately post-discharge and for 45 days until referral and intake to treatment can be initiated.                                                                                                                                                                                                                                                                                |
| <b>Concho Valley Community Supervision &amp; Corrections Department/Adult Supervision</b><br>3036 N Bryant Blvd | Mon-Fri 8 am-5 pm                          | 325-659-6544     | Adult Probation Services                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Juvenile Justice Center</b><br>1253 W 19 <sup>th</sup> St                                                    | Mon-Fri 8 am-12 pm<br>and 1 pm-5 pm        | 325-655-2323     | Juvenile probation                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Texas Lawyer Referral</b>                                                                                    | Mon-Fri 8:30 am – 4:30 pm                  | 800-252-9690     | The State Bar of Texas Lawyer Referral & Information Service (LRIS) will help you find a lawyer or other resources that best match your legal needs.                                                                                                                                                                                                                                                    |
| <b>Concho Valley Public Defenders Office (CVPDO)</b><br>113 W. Beaugard Street                                  | Monday through Friday<br>8:00 am - 5:00 pm | (325) 229 - 4671 | The CVPDO represents adults accused of committing a misdemeanor or a felony in Coke, Concho, Irion, Schleicher, Sterling, Tom Green, or Runnels counties. The CVPDO will neither be appointed to death penalty cases nor Class C misdemeanor cases.<br>The CVPDO represents juveniles accused of misdemeanors or felony offenses. Juveniles are children between the ages of ten (10) and sixteen (16). |

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## Intensive Residential Treatment

| ORGANIZATION NAME                                                                                                               | NUMBER       | CARE MANAGEMENT SERVICES                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------|--------------|---------------------------------------------------------------------------------------------------------------|
| <b>Alcohol &amp; Drug Awareness Center for the Concho Valley- Journey to Recovery Center</b><br>3553 W Houston Harte Expressway | 325-224-3481 | 72-bed treatment and detox facility that provides residential substance use treatment for adult men and women |

## Housing Assistance/Transitional Housing and Transportation

| ORGANIZATION NAME                                                                                  | HOURS                                                      | NUMBER       | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                             |
|----------------------------------------------------------------------------------------------------|------------------------------------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Concho Valley Turning Point, affiliated with Rust Street Ministries</b><br>528 E Highland Blvd, | Mon-Fri: 8 am-12 pm                                        | 325-658-1389 | They have an 8-unit apartment complex for men looking for Christ-centered transitional housing.                                                                                                                                                                      |
| <b>Fresh Start Ministries-Women's Transitional Housing</b><br>PO Box 3653                          | Mon-Fri 9 am-5 pm                                          | 325-656-7386 | We offer a long-term, life-changing, Biblical-based, Christ-centered, mentoring and discipleship program designed to assist hurting women.                                                                                                                           |
| <b>PaulAnn Baptist Church Transitional Housing for Women</b><br>2531 Smith Blvd,                   | Mon-Wed: 9 am-5 pm,<br>Fri: 9 am-12 pm & Sun 9 am-12:30 am | 325-655-7552 | It is an 8-unit apartment complex for women transitioning out of treatment. Potential renters must fill out an application and participate in a preliminary interview. The Board reviews applicants to determine who is the right candidate to live in the facility. |
| <b>Adams House</b><br>P.O. Box 600632                                                              |                                                            | 325-450-3151 | \$400 a month, including utilities. Must sign a sober living agreement.                                                                                                                                                                                              |
| <b>Hoppers House</b><br>211 W. 1st St. and 6545 N Grape Creek Rd.                                  |                                                            | 325-276-1978 | Schedule an interview with Chris or Brandy Hopper. Hoppers House provides 40 beds for men working on sobriety and is religious.                                                                                                                                      |
| <b>Victory Outreach/ Joshua 1:2 Fellowship</b><br>1526 S. Irving St.                               |                                                            | 325-658-1061 | Religious-based housing will not allow psychiatric medications.                                                                                                                                                                                                      |
| <b>Oxford House</b><br>2536 University Ave                                                         |                                                            |              | Self-run, a self-supported recovery home for men in recovery who want to stop drinking and using drugs. Oxford House requires a non-refundable move-in cost of \$150.00 and \$145.00 per week.                                                                       |
| <b>Momentous Home – Women</b><br>701 E 19th Street                                                 |                                                            | 325-212-0340 | Privately owned, and the management reserves the right to refuse service to anyone. Offers a safe environment for guests free of alcohol, drugs, and violence.                                                                                                       |
| <b>Sara's House</b><br>401 W. Twohig Ave                                                           |                                                            | 325-224-3481 | Sara's House provides intensive residential treatment for women, women with children, and pregnant women.                                                                                                                                                            |
| <b>William's House</b><br>401 W. Twohig Ave                                                        |                                                            | 325-224-3481 | William's House provides intensive residential treatment for men.                                                                                                                                                                                                    |

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| ORGANIZATION NAME                                                                             | HOURS                                                                                       | NUMBER         | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MHMR Concho Valley- Supported Housing Services</b>                                         | Mon-Fri 8 am-5 pm<br>Closed 12 pm-1 for lunch                                               | 325-658-7750   | Housing supports are based on individual needs, including locating low-cost housing, negotiating leases, acquiring household items, obtaining subsidies, moving into residences, and successfully maintaining residences.                                                                                                                                    |
| <b>Galilee Community Development Corporation-Helping Hands</b><br>39 Buick Street             | Mon-Fri 9 am-4 pm                                                                           | 325-655-6700   | This program is designed to repair and rehabilitate homes of low-income elderly in the Concho Valley.                                                                                                                                                                                                                                                        |
| <b>Housing Authority of San Angelo</b><br>420 E.28th St.                                      | Mon-Fri 8 am-5 pm                                                                           | 325-481-2500   | Provide quality, affordable housing to income-eligible families while offering self-sufficiency and economic independence opportunities.                                                                                                                                                                                                                     |
| <b>Concho Valley Community Action Agency</b><br>133 W Concho Ave                              | Mon-Thurs 8 am-5 pm,<br>Fri 8 am-12 pm                                                      | 325-653-2411   | Aids with utilities, housing/rental assistance, weatherization, and tax preparation                                                                                                                                                                                                                                                                          |
| <b>Area Agency on Aging</b><br>2801 W Loop 306 Suite A                                        | Mon-Fri 8 am-5 pm,<br>closed from 12 pm-1 pm<br>for lunch                                   | 325-944-9666   | AAA Provides clothing/household items, food, emergency assistance with rent, utilities, select medications, gasoline, counseling service, service coordination, and caregiving services. For most services, you must be 60 years of age or older.                                                                                                            |
| <b>Concho Valley Home for Girls</b><br>412 Preusser St.                                       |                                                                                             | 325-655-3821   | Emergency Shelter                                                                                                                                                                                                                                                                                                                                            |
| <b>Family Shelter</b><br>79 Gillis St.                                                        |                                                                                             | 325-655-5774   | The Family Shelter of San Angelo provides a wide variety of services for all victims of domestic violence.                                                                                                                                                                                                                                                   |
| <b>Salvation Army</b><br>122 W 2 <sup>nd</sup> St.                                            |                                                                                             | 325-655-6981   | Inclement weather warming shelter                                                                                                                                                                                                                                                                                                                            |
| <b>Community &amp; Housing Support</b><br>52 W. College Ave                                   | Mon-Fri 8 am-5 pm,<br>closed from 12 pm-1 pm<br>for lunch                                   | 325-655-0824   | Community & Housing Support secures Community Development Block Grant and HOME grant funding from the U.S. Department of Housing and Urban Development (HUD) to support the development of viable urban communities by expanding the supply of decent, safe, sanitary and affordable housing for low- to moderate-income people.                             |
| <b>Texas Education for Homeless Children and Youth (TEHCY) Support</b>                        | Mon.-Fri. 7 am-3:30 pm                                                                      | 1-855-858-3429 | At the center of this initiative is the TEHCY Support Hotline, a toll-free number offering real-time access to trained experts. Whether a parent needs help enrolling their child in school or an educator is seeking guidance on supporting a student experiencing homelessness, the hotline provides immediate technical assistance, resources and support |
| <b>Concho Valley Transit (Fixed Route) and Specialized Transportation</b><br>510 N Chadbourne | Mon-Fri 6:30 am-11:30 am and 12:30 pm-6:30 pm;<br>Sat 7:30 am-11:30 am and 12:30 pm-6:30 pm | 325-947-8729   | Provides Fixed routes and rural routes to the surrounding counties and provides ADA transit services.                                                                                                                                                                                                                                                        |

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## Veteran's Services

| ORGANIZATION NAME                                                                                     | HOURS                                          | NUMBER       | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                  |
|-------------------------------------------------------------------------------------------------------|------------------------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>San Angelo VA Clinic</b><br>4240 Southwest Blvd                                                    | Mon-Fri 8 am-4:30M                             | 325-658-6138 | The San Angelo Community-Based Outpatient Clinic (CBOC) is designed to deliver primary care and Mental Health services to eligible veterans living in the following counties: Coke, Glasscock, Irion, Reagan, Sterling, and Tom Green.                                                                    |
| <b>MHMR Concho Valley-Operation Housing &amp; Hope (OHH)</b><br>1501 West Beauregard Avenue           | Mon-Fri 8 am-5 pm,<br>closed 12 pm-1 for lunch | 325-658-7750 | Provides financial assistance for Rent/Mortgage, Car, Utility, and Funeral assistance.                                                                                                                                                                                                                    |
| <b>West Texas Counseling and Guidance- Veterans Outreach</b><br>36 E Twohig St, Suite 600 (6th floor) | Mon-Fri 9 am-5 pm                              | 325-944-2561 | WTCG's mission is to enable individuals and families to reach their full potential in body, mind, and spirit through evidence-based counseling and educational services.                                                                                                                                  |
| <b>Tom Green County Veterans Services</b><br>202 Henry O Flipper                                      | Mon-Fri 9 am-5 pm                              | 325-659-6560 | Personalized service and prompt, personal attention help veterans feel comfortable and relaxed, assisting in providing needed information and direction toward securing employment or training.                                                                                                           |
| <b>Texas Veterans for Veterans</b><br>1905 E. Pulliam St.                                             | N/A                                            | 325-227-8524 | Texas Veterans for Veterans has been focused on serving the needs of Texas veterans and their families through outreach programs and offering a gathering place for weekly fellowship.                                                                                                                    |
| <b>DAV 237 San Angelo</b><br>2121 S Chadbourne St                                                     | Varies                                         | 325-262-2370 | The organization provides nearly 615,000 rides for veterans attending medical appointments, assists veterans with more than 250,000 benefit claims annually, and helps veterans find employment.                                                                                                          |
| <b>MHMR Concho Valley- Military Veterans Peer Network (MVPN)</b><br>1501 W Beauregard Ave             | Varies                                         | 325-658-7750 | It offers peer-to-peer support groups, peer mentorship, social groups, team service projects, and workshops led by other veterans and military family members.                                                                                                                                            |
| <b>Veterans of Foreign Wars</b><br>125 S Browning St                                                  | Tues and Thurs-Sat 3 pm-12 am                  | 325-655-6550 | Help service members during long deployments through free phone calls home from overseas, provide emergency financial assistance to military families for situations beyond the service members' control due to military service, and offer financial grants for unit celebrations, helping boost morale. |
| <b>Combat Veterans Outreach</b><br>342 S Chadbourne St                                                | Varies                                         | 325-617-7199 | We help veterans as needed by offering counseling and guidance to those at risk. We also provide health resources, ensure a welcoming and safe environment, distribute financial assistance, and provide access to additional services.                                                                   |

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| ORGANIZATION NAME           | HOURS    | NUMBER                                                                                                                                                                        | CARE MANAGEMENT SERVICES                                 |
|-----------------------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| <b>Veterans Crisis Line</b> | 24 Hours | 988 and Press option 1<br>Text: 838255<br>Or Chat online:<br><a href="http://www.veteranscrisisline.net">www.veteranscrisisline.net</a><br>Deaf/Hard of hearing: 800-799-4889 | To receive confidential crisis intervention and support. |

## Law Enforcement Services

| ORGANIZATION NAME                                                                          | HOURS  | NUMBER                                                 | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                        |
|--------------------------------------------------------------------------------------------|--------|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Texas Law Enforcement Peer Network-TLEPN</b><br>1400 Botham Jean Blvd, Dallas, TX 75215 | N/A    | 972-338-1314                                           | The TLEPN is provided at no cost to Texas State Law Enforcement agencies. Our Mission is to eliminate police suicide in the state of Texas because even one is too many.                                                                                                                                                        |
| <b>Tom Green County Mental Health Deputies</b>                                             | Varies | 325-655-8111                                           | Responding to emergency calls involving mental health individuals in a mental crisis<br>Diverting individuals from the criminal justice system and connecting them with mental health services.                                                                                                                                 |
| <b>Tom Green County Sheriff's Office</b>                                                   | Varies | 325-655-8111                                           | The sheriff is the chief law enforcement officer for the county and is responsible for operating the county jails, investigating crimes, making arrests, enforcing traffic regulations on county roads, serving writs, seizing property after judgment, and maintaining communications with other law enforcement organizations |
| <b>SAPD</b>                                                                                | Varies | For Emergency: 911<br>Non-Emergency Line: 325-657-4315 | Maintain public order and safety, enforcing the law, and preventing, detecting, and investigating criminal activities.                                                                                                                                                                                                          |

## Counseling

| ORGANIZATION NAME                                                      | HOURS             | NUMBER       | CARE MANAGEMENT SERVICES                                                                                                                                                 |
|------------------------------------------------------------------------|-------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>West Texas Counseling and Guidance</b><br>36 E Twohig St, Suite 600 | Mon-Fri 8 am-5 pm | 325-944-2561 | Anyone with a desire to be counseled. Wide range of services, including children, adolescents, marriage, anger management, overeating, alcohol use, sexual abuse & more. |

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| ORGANIZATION NAME                                                                                  | HOURS                                           | NUMBER                                              | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                                                                                                              |
|----------------------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MHMR Concho Valley- Adult Outpatient Clinic for Behavioral Health Services</b><br>202 N Main St | Mon-Fri 8 am-5 pm<br>closed 12 pm-1 for lunch   | 325-658-7750                                        | Offers medication management, Case management/Recovery Coach, Psychosocial Rehabilitative Services, Supposed Housing, Supported Employment, Counseling, and Drug & Alcohol Treatment.                                                                                                                                                                                                                                                 |
| <b>MHMR Concho Valley- Child &amp; Adolescent Services</b><br>424 S Oakes                          | Mon-Fri 8 am-5 pm<br>closed 12 pm-1 for lunch   | 325-658-7750                                        | Offers medication management, Case management, skills training, family partner services, counseling services<br>YES Waiver: a Medicaid waiver program. The YES waiver provides intensive community-based services to assist children and adolescents with serious emotional disturbances (SED) to live in the community with their families.                                                                                          |
| <b>West Texas Counseling and Rehabilitation of San Angelo, Inc.</b><br>601 S Irving St, Suite 4    | Mon-Fri 5:30 am-9:30am<br>& Sat 6:30 am-8:30 am | 325-653-3683<br>Toll-Free Number:<br>1-866-286-9827 | The primary focus of WTCR is outpatient substance abuse treatment, detox, suboxone treatment, methadone maintenance, and methadone detox.                                                                                                                                                                                                                                                                                             |
| <b>West Texas Counseling Associates</b><br>219 S Abe St                                            | Mon-Thurs 8 am-5:30 pm;<br>Fri 8 am-12 pm       | 325-655-7549                                        | Counseling for adults, children, couples, and families. The fee is between \$80 and \$90 per session. Medicaid is accepted for individuals 21 years old and under. Private insurance and private pay, no sliding scale. \$90 per session. Medicaid is accepted for individuals 21 years old and under. Private insurance and private pay, no sliding scale.                                                                           |
| <b>River Crest Hospital- Intensive Outpatient Program</b>                                          | 24/7                                            | 800-777-5722                                        | The Intensive Outpatient Program (IOP) is more intensive than traditional outpatient programs and is designed to achieve short-term stabilization and resolution of immediate problem areas.                                                                                                                                                                                                                                          |
| <b>Luna Family Autism Services: Autism/Applied Behavioral Analysis Telehealth Services</b>         | Mon-Fri 8 am-5 pm                               | 844-853-1005                                        | Welcoming new patients and appointments available with no waitlist. We're revolutionizing autism therapy to fit children with autism and their family's needs. Our mission is simple: to empower families and transform lives.                                                                                                                                                                                                        |
| <b>Shannon Behavioral Health</b><br>2018 Pulliam St.                                               |                                                 | 325-659-7300                                        | Inpatient Psychiatric Facility                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Green Cardigan Counseling</b><br>125 S. Washington                                              | Mon.-Thu. 8 A.M.-5 P.M.<br>Fri. 8 A.M.-3 P.M.   | 325-266-1557                                        | This is a place where you can feel free. My approach as a therapist is to give you the space to express yourself honestly and openly without judgement, so we can make real progress getting to the heart of your fears, challenges, and hopes for your life. Come into this office just as you are and become at ease with things that aren't easy.                                                                                  |
| <b>Lionessa Wellness and Services</b><br>217 W. Beauregard                                         |                                                 | 325-268-9086                                        | Lionessa Wellness and Services is a counseling collective comprised of five dedicated counselors, each offering a diverse range of therapeutic services. From individual counseling to couples therapy, their expertise provides a supportive space for personal growth and healing. With a focus on holistic well-being, Lionessa Wellness and Services empowers clients to navigate life's challenges with strength and resilience. |

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|-------------------------------------------------------------------------|------------------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>CV Biblical Counseling Center</b><br>2601 Freeland Ave.              | Mon-Thu 9 A.M.-5 P.M.<br>Fri 9 A.M.-1 P.M.     | 325-234-5599 | To help individuals, couples, children, families, and ministry leaders with daily struggles through the life-changing power of <b>Jesus Christ</b> .                                                                                                                                                                                                                                                                                                         |
| <b>Transforming Lives Counseling, PLLC</b><br>17 S. Chadbourne Ste. 509 | Mon-Thu 10 A.M.-5 P.M.                         | 325-757-1275 | Transforming Lives Counseling is a safe place to share your own story, heal, identify your own strengths, develop inner peace and learn to live a life full of hope.                                                                                                                                                                                                                                                                                         |
| <b>Kindred Counseling Center, PLLC.</b><br>18886 Pecos St. #4           | Tue.-Thu 9 A.M.-7 P.M.                         | 325-617-4151 | Kindred Counseling Services was born of the understanding that we are each human, and together, we share this unique human experience. In sharing our story, we gain strength in perspective, insight, and compassion for ourselves and others.                                                                                                                                                                                                              |
| <b>Tessa Knickerbocker Counseling</b><br>217 W. Beauregard Ave.         | Mon.-Thu. 8 A.M.-5 P.M.                        | 325-266-0971 | My passion for mental health comes from my belief that everyone should have the opportunity to live a life where the heart, body, and mind are balanced and healthy. You deserve to embrace life and enjoy it.                                                                                                                                                                                                                                               |
| <b>Clover Path Counseling, PLLC</b><br>217 W. Beauregard Ave            | Wed.-Fri 12 P.M.-7 P.M.<br>Sat. 11 A.M.-2 P.M. | 325-307-3040 | Hi there! I'm Jenn, I am a Licensed Professional Counselor (LPC) in Texas. I have nearly two years of experience helping clients navigate anxiety, depression, trauma, among other journeys. My goal is to create a safe, cozy space where you feel supported and understood, because it is only when we feel safe can we begin to heal. Using tools like CBT and EMDR, I guide clients toward healing, growth, and becoming the best version of themselves. |
| <b>Discovery Counseling &amp; Services LLC.</b><br>3131 Executive Dr.   | Mon.-Thu 8 A.M.-5 P.M.<br>Fri. 8 A.M.-12 P.M.  | 325-261-0322 | At Discovery Counseling, our mission is to provide high-quality counseling services to individuals, couples, and families who are experiencing emotional or psychological difficulties.                                                                                                                                                                                                                                                                      |

### PermiaCare- OSAR Texas (Outreach, Screening, Assessment and Referral)

| ORGANIZATION NAME                                         | HOURS  | NUMBER                                                                                            | CARE MANAGEMENT SERVICES                                                                                                                            |
|-----------------------------------------------------------|--------|---------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>PermiaCare</b><br>401 E. Illinois<br>Midland, TX 79701 | Varies | 432-570-3333<br>OSAR/Substance use disorder referrals: 844-420-3964<br>Crisis phone: 844-420-3964 | Early childhood intervention programs, intellectual & development disability services, mental health services, and substance use disorder services. |

### Aging, Disability, Personal Care Services

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| ORGANIZATION NAME                                                     | HOURS                                                     | NUMBER                                                       | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                 |
|-----------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Area Agency on Aging</b><br>2801 W Loop 306 Suite A                | Mon-Fri 8 am-5 pm,<br>closed from 12 pm-1 pm<br>for lunch | 325-944-9666                                                 | AAA provides clothing/household items, food, emergency assistance with rent, utilities, select medications, gasoline, counseling, service coordination, and caregiving services. For most services, you must be 60 years of age or older |
| <b>MHMR Concho Valley-IDD Services</b><br>1501 W Beauregard           | Mon-Fri 8 am-5 pm,<br>closed for lunch from 12 pm-1 pm    | 325-658-7750<br>Crisis Hotline: 325-653-5933 or 800-375-8965 | Offer an array of services, including Service Coordination, Provider Services, IDD Dual Diagnosis & Crisis Services, CLASS Case Management, and group enrichment services.                                                               |
| <b>Disability Connections Resource Center</b><br>2809 Southwest Blvd. | Mon-Fri 8 am – 5 pm                                       | 325-227-6625                                                 | Individual and System Advocacy, information, referrals, independent living skills, peer support, and transitional living.                                                                                                                |

## Health and Medical

| ORGANIZATION NAME                                                                              | HOURS                                                                                    | NUMBER                            | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                          |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>La Esperanza Health and Dental</b><br>35 E 31 <sup>ST</sup> St. or<br>1610 S Chadbourne St. | Varies                                                                                   | 325-658-5339                      | Provides quality primary and preventative health care to all people, particularly the medically underserved.                                                                                                                                                                                                                                      |
| <b>Tom Green County Indigent Health Care</b><br>19 N Irving St                                 | Mon-Thurs 8am-11:30am & 1pm-4pm<br>Fri: By appointment only                              | 325-659-6504<br>Fax: 325-655-4863 | Healthcare services for low-income, disabled, and elderly persons. Provides medical and pharmaceutical assistance.                                                                                                                                                                                                                                |
| <b>San Angelo Health Department</b><br>2030 Pulliam St, Suite 8                                | Mon-Fri 8 am-12 pm and<br>1 pm-5 pm                                                      | 325-657-4214                      | All immunizations and STD screenings. HIV/Aids testing and support. Tuberculosis testing and laboratory services.                                                                                                                                                                                                                                 |
| <b>Shannon Medical Center</b><br>120 E Harris Ave                                              | Open 24 Hours                                                                            | 325-653-6741                      | 24 HR emergency care for medical, physical injuries, and mental health crisis service.                                                                                                                                                                                                                                                            |
| <b>West Texas Rehabilitation Center</b><br>3001 S Jackson                                      | Mon-Fri 8 am-5 pm                                                                        | 325-223-6300                      | WTRC provides outpatient speech, physical, and occupational rehab services.                                                                                                                                                                                                                                                                       |
| <b>Pregnancy Help Center</b><br>2525 Sherwood Way                                              | Mon and Wed 9 am-5 pm;<br>Tue and Thu 9 am-7 pm;<br>Fri 9 am-12 pm.<br>Closed for lunch. | 325-944-1515                      | The Pregnancy Help Center of Concho Valley is a nonjudgmental haven for women experiencing unexpected pregnancy.<br>Confidential pregnancy testing, medical professionals on staff<br>Compassionate client advocates, Information on all options<br>Referrals for medical care, social services, and more<br>All services are provided at no cost |

For Immediate Mental Health Crisis Support  
Call (325) 653-5933 / (800)375-8965

| ORGANIZATION NAME                                                                                               | HOURS               | NUMBER                                           | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------|---------------------|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Rivercrest Hospital</b><br>1636 Hunters Glenn Rd                                                             | Open 24 Hours       | Phone: 325-949-5722<br>Toll Free: 1-800-777-5722 | River Crest Hospital offers various treatment programs for children, adolescents, adults, and military members. Our adult programs include Partial Hospitalization, Intensive Outpatient, detox and rehab for chemical dependency, and more.                                                     |
| <b>Wesley Nurse Program- Methodist Healthcare Ministries</b><br>37 E Beauregard Ave                             | Mon-Thurs 8 am-5 pm | 325-653-9391                                     | A key component Wesley Nurses undertake in their communities is providing health education, health promotion, and resource facilitation. We assist individuals and communities in achieving improved health and wellness through self-empowerment and access to healthcare resource information. |
| <b>Shannon-Behavioral Health</b><br>2018 Pulliam St.                                                            | Varies              | 325-659-7300                                     | A 22-bed regional inpatient psychiatric facility that provides comprehensive mental health services for adults and senior adults experiencing emotional or behavioral problems.                                                                                                                  |
| <b>Shannon Urgent Care- South</b><br>3502 Knickerbocker Rd                                                      | Mon-Sun: 7 am-7 pm  | 325-481-2222                                     | When your medical needs are urgent but not life-threatening, such as a sprained ankle or minor cut, an Urgent Care center can provide a closer, faster, simpler, and less expensive alternative to the emergency room (ER).                                                                      |
| <b>Shannon Urgent Care-North</b><br>2626 N Bryant Blvd                                                          | Mon-Sun: 7 am-7 pm  | 325-481-2271                                     | When your medical needs are urgent but not life-threatening, such as a sprained ankle or minor cut, an Urgent Care center can provide a closer, faster, simpler, and less expensive alternative to the emergency room (ER).                                                                      |
| <b>Shannon Urgent Care-West</b><br>4251 Sunset Dr                                                               | Mon-Sun: 7 am-7 pm  | 325-481-2226                                     | When your medical needs are urgent but not life-threatening, such as a sprained ankle or minor cut, an Urgent Care center can provide a closer, faster, simpler, and less expensive alternative to the emergency room (ER).                                                                      |
| <b>Shannon Rehabilitation Hospital- Affiliate of Encompass Health</b><br>6046 Appaloosa Trail<br>San Angelo, TX | 24/7                | 325-284-4000                                     | Provides physiotherapy, occupational therapy, and other rehabilitative treatment for physical injury, dysfunction, or disability.                                                                                                                                                                |
| <b>Lions Club</b><br>27 W Concho                                                                                | Tues-Wed 9 am-1 pm  | 325-227-4350                                     | The local Lion's Club offers eye exams and glasses at no cost. There are no appointments—just walk-ins. They advise you to call ahead to make sure they are open because it is operated by volunteers. Bring ID to your appointment.                                                             |

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Call (325) 653-5933 / (800)375-8965

## Faith-Based Services

| ORGANIZATION NAME                                            | HOURS                                     | NUMBER       | CARE MANAGEMENT SERVICES                                                                         |
|--------------------------------------------------------------|-------------------------------------------|--------------|--------------------------------------------------------------------------------------------------|
| <b>Catholic Outreach Services</b><br>410 South Chadbourne St | Mon-Fri: 10 am-2 pm                       | 325-658-4124 | Provides food, clothing, emergency assistance with rent, and utilities to qualified applicants   |
| <b>Christians in Action</b><br>410 South Chadbourne St       | Mon-Sat: 9 am-5 pm                        | 325-655-5127 | Aids with rent, clothing, and utilities (electric, gas, and water). Call to make an appointment. |
| <b>Rust Street Ministries</b><br>803 Rust Street             | Mon-Thurs: 8 am-1 pm<br>& Fri: 8 am-12 pm | 325-486-1004 | Assist people with basic necessities, such as food, clothing, and household items.               |

## SUBSTANCE USE DISORDER SERVICES

| ORGANIZATION NAME                                                                               | HOURS                                           | NUMBER                                                     | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Alcoholics Anonymous</b><br>Locations and times can be found on<br>Sanangeloaa.org           | Varies                                          | 325-657-6645<br><br>24HR HOTLINE: 325-939-8939             | Fellowship individuals who seek to recover from alcoholism. Serves San Angelo Mertz, Ballinger, Sonora, and Robert Lee.                                                                                                                                                                                                                                                                                                                                           |
| <b>Narcotics Anonymous</b><br>Locations and times can be found online at<br>bigcountryna.com    | Varies                                          | 325-657-6646<br><br>NSASA HOTLINE:<br>325-213-4950         | Fellowship individuals who seek to recover from narcotics. It serves Abilene, Baird, Brownwood, Cisco, San Angelo, Sweetwater, and Wichita Falls.                                                                                                                                                                                                                                                                                                                 |
| <b>West Texas Counseling and Rehabilitation of San Angelo, Inc.</b><br>601 S Irving St, Suite 4 | Mon-Fri 5:30 am-9:30am<br>& SAT 6:30 AM-8:30 AM | Phone: 325-653-3683<br>TOLL-FREE NUMBER:<br>1-866-286-9827 | THE PRIMARY FOCUS OF WTCR IS OUTPATIENT SUBSTANCE ABUSE TREATMENT, DETOX, SUBOXONE TREATMENT, METHADONE MAINTENANCE, AND METHADONE DETOX.                                                                                                                                                                                                                                                                                                                         |
| <b>MHMR Concho Valley Substance Use Disorders Program (SUD)</b>                                 | Mon-Fri 8 am-5 pm<br>closed 12 pm-1 for lunch   | 325-658-7750                                               | The individual will receive treatment for their mental health disorder and substance use disorder simultaneously. The outpatient program is designed to meet the needs of individuals who do not require the more structured environment of residential inpatient treatment to maintain sobriety. The program provides individual and group counseling, family sessions, and referrals to community support programs/inpatient residential treatment when needed. |

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| ORGANIZATION NAME                                                                                                               | HOURS             | NUMBER       | CARE MANAGEMENT SERVICES                                                                                      |
|---------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------|---------------------------------------------------------------------------------------------------------------|
| <b>Alcohol &amp; Drug Awareness Center for the Concho Valley- Journey to Recovery Center</b><br>3553 W Houston Harte Expressway |                   | 325-224-3481 | 72-bed treatment and detox facility that provides residential substance use treatment for adult men and women |
| <b>Alcohol and Drug Awareness Center for the Concho Valley</b><br><br>3553 W Houston Harte Expressway, San                      | Mon-Fri 8 am-5 pm | 325-224-3481 | ADACCV provides inpatient and outpatient substance abuse treatment                                            |

### Support Groups and Services

| ORGANIZATION NAME                                                                   | HOURS                                                            | NUMBER                                | CARE MANAGEMENT SERVICES                                                                                                                                                                  |
|-------------------------------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Breast Feeding Community Gathering</b><br>201 E Harris Ave                       | Thursdays at 11 am                                               | 325-481-6326                          | Offers support and guidance on breastfeeding.                                                                                                                                             |
| <b>MHMR Concho Valley-San Angelo Clubhouse</b><br>404 S Irving St                   | Mon, Wed, Thu, Fri 8 am-4 pm and Tue 8 am-6 pm and Sat 9 am-3 pm | 325-617-7884                          | San Angelo Clubhouse empowers adults with diagnosed mental illness - Transforming lives by building community, teaching job skills, and supporting recovery.                              |
| <b>Catholic Outreach Services</b><br>410 S Chadbourne St                            | Mon-Fri 10 am-2 pm                                               | 325-658-4124                          | Provides food, clothing, emergency assistance with rent, and utilities to qualified applicants                                                                                            |
| <b>Christians in Action</b><br>410 South Chadbourne                                 | Mon-Sat 9 am-5 pm                                                | 325-655-5127                          | Aids with rent, clothing, and utilities (electric, gas, and water). Call to make an appointment.                                                                                          |
| <b>Concho Valley Home for Girls</b><br>412 Preusser St                              | Varies                                                           | 325-655-3821                          | A non-profit organization offers guidance, structure, and opportunities through a family-based program and Christian environment so that young men may realize their greatest potential.  |
| <b>Children's Advocacy Center of Greater West Texas</b><br>3418 Town and Country Dr | Mon-Fri 8 am-5 pm                                                | 325-653-4673                          | It advocates for children in the foster care system, investigates child abuse, provides counseling referrals, and provides court accompaniment. It also offers family enrichment classes. |
| <b>Open Arms Rape Crisis Center &amp; LGBTQ+ Services</b><br>113 North Harrison St  | Mon-Thurs 8 am-5 pm and Fri 8 am-3 pm                            | 325-655-6439<br>Hotline: 800-656-4673 | Provides support, counseling, empowerment, and advocacy services                                                                                                                          |

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| ORGANIZATION NAME                                                               | HOURS                                                       | NUMBER                                       | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>WIC- Woman's, Infants and Children</b><br>52 West College Ave                | Mon-Thurs 7 am-6 pm,<br>closed from 12 pm-1 pm<br>for lunch | 325-657-4396                                 | WIC is a nutrition program that helps pregnant women, new mothers, infants, and young children eat well, learn about nutrition, and stay healthy.                                                                                                                     |
| <b>Social Security Administration</b><br>40 West Twohig Ave                     | Mon-Fri 8 am-4 pm                                           | 800-772-1213                                 | Screen applications for social security, retirement services, disability supplemental security income, and Medicare screening (must be blind, disabled or over 65 years of age).                                                                                      |
| <b>Texas Health and Human Commission</b><br>622 South Oakes                     | Mon-Fri 8 am-5 pm                                           | 325-655-0576                                 | Medicaid eligibility division determines financial and medical eligibility. Apply for SNAP, TANF, and support services.                                                                                                                                               |
| <b>211 Texas Information Center</b>                                             | Varies                                                      | 877-41-7905                                  | Information on utility bill assistance, childcare, programs for the elderly, substance use intervention, mental health assistance, SNAP, Medicaid, and Medicare information.                                                                                          |
| <b>ICD Family Shelter</b><br><b>Mailing Address:</b> PO Box 5018                | Varies                                                      | 325-655-5774<br>24 Hr. Hotline: 800-749-8631 | Provides a safe haven and education services to domestic violence victims.                                                                                                                                                                                            |
| <b>Public Housing Authority</b><br>420 East 28 <sup>TH</sup> St                 | Mon-Fri 8 am-5 pm                                           | 325-481-2500                                 | If eligible, HUD can help with rental assistance. Apply online at <a href="http://www.sanangelopha.com">www.sanangelopha.com</a>                                                                                                                                      |
| <b>West Texas Boys Ranch</b><br>10223 Boys Ranch Rd                             | Mon-Thurs 8 am-5 pm<br>Friday 8 am-4:30 pm                  | (325) 949-1936                               | Non-profit organization offering guidance, structure, and opportunities through a family-based program and Christian environment so young men may realize their greatest potential.                                                                                   |
| <b>Tom Green County Crisis Intervention Unit</b><br>17 South Chadbourne St #102 | Mon-Fri 8 am-5 pm                                           | 325-227-8753                                 | The Tom Green County Sheriff's Office has a Crisis Intervention Unit (CIU) on call 24/7, that respond to calls from local law enforcement agencies in Tom Green County. The unit provides assistance to victims of violent crimes or another crisis.                  |
| <b>Education Service Center: Region 15</b><br>612 South Irene St                | Mon-Fri 8 am-5 pm                                           | 325-658-6571                                 | ECI helps babies and toddlers from birth to three with developmental delays or significant medical problems. ECI partners with families to help children grow, learn, and stay healthy. Families of all income levels receive ECI services. There is no income limit. |
| <b>Mental Health First Aid</b><br><b>Mentalhealthfirstaid.org</b>               | N/A                                                         | N/A                                          | Online resources for learning more about mental health first aid, searching for classes near you, additional online resource options, and FAQs                                                                                                                        |

For Immediate Mental Health Crisis Support  
Call (325) 653-5933 / (800)375-8965



| ORGANIZATION NAME                                                             | HOURS                  | NUMBER         | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                                |
|-------------------------------------------------------------------------------|------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>West Texas Counseling and Guidance Survivors of Suicide (SOS) Group</b>    | Meets on Tuesdays      | 325-944-2561   | Members of the group receive support, guidance, understanding, compassion, comfort, resources, belonging, and social interaction from others who have lost a loved one to suicide.                                                                                                                                                                      |
| <b>West Texas Counseling and Guidance LOSS Team</b>                           | Varies                 | 325-944-2561   | Group of volunteer survivors of suicide and mental health professionals who are trained to respond to scenes of local suicides to provide peer support, information about resources, and serve as an installation of hope for newly bereaved after the loss of a loved one to suicide.                                                                  |
| <b>National Alliance on Mental Illness (NAMI)-Texas</b><br>404 S Irving       |                        | 325-374-8940   | Nationwide, grassroots mental health organization. NAMI offers educational programs, advocates for individuals and families affected by mental illness, and operates a toll-free helpline. NAMI San Angelo serves Tom Green, Concho, Schleicher, Irion, Sterling, and Coke Counties                                                                     |
| <b>Sonrisas Trails</b><br>5185 S Bryant Blvd                                  | Mon-Fri 8 am-5 pm      | (325) 949-4837 | Providing therapy to persons with physical, emotional, and mental challenges through a carefully structured program of equine activities.                                                                                                                                                                                                               |
| <b>Adult Literacy Council of the Concho Valley</b><br>59 E 6 <sup>th</sup> St | Mon-Thurs 8 am-8:30 pm | 325-657-0013   | We provide free one-on-one or small group tutoring for English as a second language, English conversation, and basic literacy. We also have experienced teachers who can help with GED preparation and basic keyboarding.                                                                                                                               |
| <b>Salvation Army- Social Services</b><br>2225 W Beauregard Ave               | Mon-Sat 10 am-6 pm     | 325-655-3838   | Out of the Cold Program: For those with no place to go or in need of emergency shelter when temperatures drop below 35, The Salvation Army is there to help by offering shelter in selected area motels for the night!<br><br>Financial Assistance: Able to offer the MCAP Fund to assist in paying utilities, mortgage, or rent for those who qualify. |

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| ORGANIZATION NAME                                            | HOURS             | NUMBER                                                         | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                                                                                                                                       |
|--------------------------------------------------------------|-------------------|----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Blackshear Heights Family</b>                             | Always Open       | 325-244-5461<br>Email:<br>theblackshearheightsfamily@gmail.com | Baskets of Hope- Provides a basket of household necessities (laundry soap and hygiene products) for single parents, children, and teens impacted by economic challenges and homelessness. There is no eligibility on a who-needs basis.<br><br>Boy Basketball League: This league offers mentorship to young men in the area, team building, and a safe space. |
| <b>Department of Public Safety</b><br>1600 W Loop 306        | Mon-Fri 8 am-5 pm | 325-223-6903                                                   |                                                                                                                                                                                                                                                                                                                                                                |
| <b>Keepers of Hope</b>                                       |                   | 325-227-5330                                                   | Keepers of Hope is dedicated to facilitating acts of kindness and support for those in need. As a non-profit organization, we work tirelessly to connect other non-profit organizations/agencies with the resources necessary to fulfill requests from the needy.                                                                                              |
| <b>Tom Green County Hunger Coalition</b><br>1313 S. Hill St. |                   | 325-6564170                                                    | To coordinate hunger relief efforts in Tom Green County by facilitating programs that address the issue of hunger for today, tomorrow, and a lifetime.                                                                                                                                                                                                         |

### Childcare Services

| ORGANIZATION NAME                                                    | HOURS                        | NUMBER       | CARE MANAGEMENT SERVICES                                                                                                                                                                             |
|----------------------------------------------------------------------|------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Ozona Community Center</b><br>1604 Primary St,<br>Ozona, TX 76943 | Mon-Fri 8 am-5 pm            | 325-392-2710 | Our mission is to provide high-quality daycare at an affordable cost and to be an influence for good in the lives of children and their families.                                                    |
| <b>San Angelo Early Childhood Center</b><br>619 Julian St            | Mon-Fri 6:45 am-5:30 pm      | 325-653-1825 | The San Angelo Early Childhood Center supports families in our community by providing high-quality care for children ages 7 weeks to 5 years with tuition rates based upon a family's ability to pay |
| <b>Boys &amp; Girls Club of the Concho Valley</b>                    | Mon-Fri 3 pm-6 pm            | 325-655-8343 | Boys & Girls Clubs of the Concho Valley provides a fun, safe, constructive, and affordable environment for kids and teens during critical out-of-school hours.                                       |
| <b>YMCA of San Angelo</b><br>353 S Randolph                          | Mon and Wed-Thurs- 5 am-9 pm | 325-655-9106 | The Y is a leading nonprofit organization for youth development, healthy living, and social responsibility.                                                                                          |

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| ORGANIZATION NAME                                                     | HOURS                                       | NUMBER         | CARE MANAGEMENT SERVICES                                                                                                                                                                                                                           |
|-----------------------------------------------------------------------|---------------------------------------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Early Redwine Childcare Center</b><br>5191 S Bryant Blvd           | Mon-Fri 7:30 am-5:30 pm                     | (325) 777-0035 | Provides high-quality and developmentally appropriate childcare with a focus on the individual child's age and ability to stimulate social, cognitive, physical, and emotional growth. To provide a safe, nurturing, and recreational environment. |
| <b>CVCOG Head Start/Early Head Start</b><br>5430 Link Road            | M-F 8 am – 5 pm (closed daily 12 pm – 1 pm) | 325-944-9666   | Head Start/Early Head Start provides individualized care and guidance to all children, including those with disabilities.                                                                                                                          |
| <b>Texas Benefit Center</b>                                           |                                             | 866-420-1879   |                                                                                                                                                                                                                                                    |
| <b>Workforce Solutions: Childcare Services</b><br>202 Henry O Flipper | M-F 8 am-5 pm                               | 325-653-2321   | The Child Care Services (CCS) program provides eligible families with child care scholarships to help cover child care costs while working, attending school, or participating in job training.                                                    |

### Seasonal Services

|                                                                  |                                                                               |              |                                                                                                                                                                                                                                                                                                                                                             |
|------------------------------------------------------------------|-------------------------------------------------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Salvation Army Angel Tree</b>                                 | Mon Oct 9 <sup>th</sup> -Fri Oct 20 <sup>th</sup><br>9 am-12 pm and 1 pm-3 pm | 325-655-6981 | Please do not bring children to register. Provide valid photo ID, proof of residence, proof of income, and, if you receive government assistance, the original birth certificate for all children registering for the program.                                                                                                                              |
| <b>Toys for Tots</b><br>5191 S Bryant Blvd, San Angelo, TX 76904 |                                                                               | 325-277-1569 | Christmas and year-round program to help provide goodies for children in need. You can apply online or call and receive assistance submitting an online application—applications for Christmas assistance open on October 1st at midnight every year.<br><br>Year-round programs: Turn the Page: Provides books to children and Foster Care Support Program |

### FOOD PANTRIES & EMERGENCY FOOD BOXES

| ORGANIZATION NAME              | ADDRESS AND PHONE NUMBER                                   |
|--------------------------------|------------------------------------------------------------|
| <b>Concho Valley Food Bank</b> | <b>Address:</b> 1313 Hill St<br><b>Phone:</b> 325-655-2331 |

For Immediate Mental Health Crisis Support  
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| ORGANIZATION NAME                                   | ADDRESS AND PHONE NUMBER                                           |
|-----------------------------------------------------|--------------------------------------------------------------------|
| Bethel UMC Bread Pantry                             | Address: 115 Ave O<br>Phone: 325-653-2679                          |
| Cross Pointe Fellowship Church                      | Address: 4210 Coliseum Dr<br>Phone: 325-812-6216                   |
| Edmund Boulevard Baptist Church                     | Address: 1405 Edmund Blvd<br>Phone: 325-944-2662                   |
| First Christian Church                              | Address: 29 N Oaks St<br>Phone: 325-653-4523                       |
| First United Methodist Church                       | Address: 37 E Beauregard<br>Phone: 325-655-8981                    |
| Freedom Fellowship Food Pantry                      | Address: 342 S Chadbourne St<br>Phone: 325-227-4121                |
| Galilee Baptist Church                              | Address: 721 W 19th St<br>Phone: 325-655-1328                      |
| Garden Gathering Church                             | Address: 1700 N Chadbourne St<br>Phone: 325-450-4863               |
| Grape Creek UMC                                     | Address: 8045 IS Highway 87 North<br>Phone: 325-234-8580           |
| Harris Ave Baptist Church                           | Address: 1026E Harris Ave<br>Phone: 325-658-4124                   |
| Heights Baptist Church                              | Address: 4512 Sherwood Way<br>Phone: 325-224-8222                  |
| House of Restoration                                | Address: 529 W 48th St<br>Phone: 325-763-9457                      |
| Primera Iglesia Bautista                            | Address: 23rd W Ave J<br>Phone: 325-655-7515                       |
| San Angelo Apostolic Church                         | Address: 401 S Bell St<br>Phone: 325-947-1043                      |
| Rust Street Ministries- Neighbors Café Soup Kitchen | Address: 803 Rust St<br>Phone: 325-277-7326                        |
| St Paul Presbyterian Church                         | Address: 11 N Park<br>Phone: 325-653-5691                          |
| St Theresa Catholic Church                          | Address: 11774 Beaumont St, Carlsbad, Texas<br>Phone: 325-465-8062 |
| Jerusalem Assembly of God                           | Address: 1819 Volney St.<br>Phone: 325-655-2706                    |
| Providence Baptist Church                           | Address: 810 Austin St.<br>Phone: 325-655-9619                     |
| Mustard Seed Pantry                                 | Address: 3216 N. Chadbourne                                        |

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| ORGANIZATION NAME            | ADDRESS AND PHONE NUMBER                    |
|------------------------------|---------------------------------------------|
| Project Dignidad             | Address: 313 W Ave N<br>Phone: 325-658-7885 |
| Sierra Vista UMC             | Phone 325-650-9932                          |
| St. Mark Presbyterian Church | Address: 11 N. Park<br>Phone: 325-653-5691  |

## SOUP KITCHENS, MEAL SERVICES, FOOD PROGRAMS

| ORGANIZATION NAME                                  | ADDRESS AND PHONE NUMBER                   |
|----------------------------------------------------|--------------------------------------------|
| Catholic Outreach Center                           | 410 N. Chadbourne<br>325-617-7292          |
| First Presbyterian Church                          | 32 N. Irving St.<br>325-655-6594           |
| Neighbor's Café Lunch Program                      | 803 Rust St.<br>325-486-1004               |
| Meals for the Elderly                              | 310 E. Houston Harte Expy.<br>325-655-9200 |
| Wesley Trinity UMC: Daily Bread Soup Lunch Program | 301 W 18 <sup>th</sup> St.<br>325-653-9028 |
| WIC                                                | 52 W. College Ave.                         |

## BLESSING BOXES

Blessing boxes are stationary pantries stocked with non-perishable food and personal hygiene products. Accessible 24/7. Take what you need, leave what you can.

| ORGANIZATION NAME              | ADDRESS AND PHONE NUMBER   |
|--------------------------------|----------------------------|
| Concho Valley Food Bank        | 1313 Hill St               |
| Cross Pointe Fellowship Church | 4210 Coliseum Dr           |
| First Presbyterian Church      | 32 N Irving St             |
| First Methodist Church         | 37 E Beauregard            |
| Galilee Baptist Church         | 721 W 19 <sup>th</sup> St. |

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Call (325) 653-5933 / (800)375-8965

| ORGANIZATION NAME          | ADDRESS AND PHONE NUMBER   |
|----------------------------|----------------------------|
| Grace Church               | 104 E 17 <sup>th</sup> St. |
| Grape Creek Baptist Church | 9781 N. Grape Creek Road   |
| Immanuel Baptist Church    | 90 E 14 <sup>th</sup> St.  |
| New Jerusalem Church       | 1515 N. Chadbourne St.     |
| Southland Baptist          | 4300 Meadow Creek Trail    |
| State Farm Insurance       | 1820 College Hills Blvd.   |
| YMCA of San Angelo         | 353 S Randolph St.         |

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