



Community Links for Better Health and Wellness in our Community

Concho Valley Mental Health Awareness Training (CVMHAT)



For Immediate Mental Health Crisis Support
Call (325) 653-5933 / (800)375-8965

Dear Community Member,

Many community services and programs are available to you and your family in the following counties Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green counties. We encourage you to contact the agencies directly for more details about what each organization can offer. Many agencies have extensive information on websites and social media.

211 Texas local information and referral is a three-digit telephone number. By calling 211, you can access free information and referrals to local agencies.

This guide is updated monthly but it may not include every resource guide in your area.

ABOUT COMMUNITY LINKS

This guide is provided by the SAMSHA Mental Health Awareness Training Grant (MHAT). The Concho Valley MHAT project will train and certify individuals as Mental Health First Aiders in the Concho Valley. The project will focus on training the public, service members, veterans and their families (SMVF), first responders, and public and private school personnel identify signs of mental illness and train to make appropriate referrals to license mental health providers and community resources. The curriculum to be used is the evidence-based Mental Health First Aid (MHFA) training.

ABOUT MENTAL HEALTH FIRST AID

Mission: IDENTIFY. UNDERSTAND. RESPOND.

Mental Health First Aid is a skills-based training course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Mental Health First Aiders are...Teachers, first responders and veterans. They're neighbors, parents and friends. They're people in recovery, and those supporting a loved one. They're First Ladies and Mayors. Mental Health First Aiders are anyone who wants to make their community healthier, happier and safer for all!

Most of us would know how to help if we saw someone having a heart attack—we'd start CPR, or at the very least, call 9-1-1. But too few of us would know how to respond if we saw someone having a panic attack or if we were concerned that a friend or co-worker might be showing signs of alcoholism.

Mental Health First Aid takes the fear and hesitation out of starting conversations about mental health and substance use problems by improving understanding and providing an [action plan](#) that teaches people to safely and responsibly identify and address a potential mental illness or substance use disorder.

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When more people are equipped with the tools they need to start a dialogue, more people can get the help they need. Mental Health First Aiders are a vital link between someone experiencing a mental health or substance use challenge and appropriate supports.

If you want to make a difference and become a Mental Health First Aider, you may contact:

Denise Davis-Ortiz
MHAT Coordinator
dortiz@mhmrcv.org
325-658-7750

Shannon Aguirre
MHFA Coordinator/Outreach Worker
sbaguirre@mhmrcv.org
325-658-7750

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Employment

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Goodfellow AFB Family Center 171 Valiant St, Building #145 San Angelo TX, 76908	Mon, Wed, Thurs, Fri 8AM-4PM & Tues 8AM-6PM	325-654-3893	Service area GFafb active military members or retired military and their families who must move frequently and seek new employment.
Concho Valley Workforce Solutions 202 Henry Flipper San Angelo TX, 76903	Mon-Fri: 8AM-5PM	325-653-2321	This organization is designed to serve as a single point of contact for employers to communicate their workforce needs, including training. Employment assistance and supported employment services.
Vocational Rehab (used to be DARS) 202 Henry Flipper San Angelo TX, 76903	Mon-Fri: 8AM-5PM	325-653-2321	Vocational rehab services for people with disabilities to prepare for and locate jobs.
Goodwill Career Center 2301 Sherwood Way San Angelo TX, 76903	Mon-Thurs: 8AM –5PM & Fri: 8AM–3PM	325-703-6811	The Goodwill Career Center offers one-on-one training to help individuals in our communities reach their goals and secure meaningful employment. The services are completely FREE
People Ready 311 W 1 st St San Angelo TX, 76903	Mon-Fri 5:30AM-6PM & Sat: 7AM-11AM	325-659-1166	Specializes in quick and reliable on-demand labor and highly skilled workers.
MHMRCV Employment Assistance Program 1501 W Beauregard San Angelo TX 76901	Mon-Fri 8am-5pm Closed 12pm-1 for lunch	325-658-7750	Services Include: Assistance with obtaining employment Exploring career options and interests Job skills training On the job training On-going consultation services
MHMRCV Vocational Apprenticeship Program 1501 W Beauregard San Angelo TX 76901	Mon-Fri 8am-5pm Closed 12pm-1 for lunch	325-658-7750	

Protective Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Texas Department of Family & Protective Services (TDFPS)- Adult Protective Services and Child Protective Services 622 S Oaks St Suite L San Angelo TX 76903	Mon-Fri 8am-5pm	325-657-8833 24 Hour Hotline: 800-252-5400	Investigation of Abuse, Neglect, and/or exploitation of children or people who are elderly and/or disabled.

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Legal Assistance

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Legal Aid of Northwest Texas 17 S Chadbourne St #403 San Angelo TX 76903	Mon–Fri 8am–5pm	325-653-6982	Providing free civil legal services to the low-income community. Civil matters only.
Family Law Hotline-Texas Advocacy Project	Mon-Fri 8am-5pm	800-777-3247	Texas Advocacy Project is a statewide nonprofit legal services organization. Project attorneys provide free legal services statewide to victims of domestic violence, sexual assault and stalking.
Disability Rights Texas 4747 South Loop 289 #120 Lubbock TX ,79424	Mon-Fri 8am-5pm	800-252-9108	Advocates for the legal rights of Texans with Disabilities.
Office of the Attorney General- Child Support 622 South Oakes San Angelo TX 76903	Mon-Fri 8am-5pm	325-653-7326	[Provides a navigator immediately post discharge and for 45 days until referral and intake to treatment can be initiated]
Concho Valley Community Supervision & Corrections Department/Adult Supervision 3036 N Bryant Blvd San Angelo TX, 76903	Mon-Fri 8am-5pm	325-659-6544	Adult Probation Services
Juvenile Justice Center 1253 W 19 th St San Angelo TX 76903	Mon-Fri 8am-12pm and 1pm-5pm	325-655-2323	Juvenile probation
Texas Lawyer Referral	Mon-Fri 8:30am – 4:30pm	800-252-9690	The State Bar of Texas Lawyer Referral & Information Service (LRIS) will help you find a lawyer or other resources that best match your legal needs
Concho Valley Public Defenders Office (CVPDO) 113 W. Beauregard Street San Angelo, TX 76903	Monday through Friday 8:00am - 5:00pm	(325) 229 - 4671	The CVPDO represents adults who are accused of committing a misdemeanor or a felony in Coke, Concho, Irion, Schleicher, Sterling, Tom Green, or Runnels counties. The CVPDO will neither be appointed to death penalty cases nor Class C misdemeanor cases The CVPDO represents juveniles accused of a misdemeanor or a felony. Juveniles are children from ten (10) to sixteen (16) years old.

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Intensive Residential Treatment

ORGANIZATION NAME	NUMBER	CARE MANAGEMENT SERVICES
Alcohol & Drug Awareness Center for the Concho Valley- Journey to Recovery Center 3553 W Houston Harte Expressway, San Angelo TX 76901	325-224-3481	72 bed treatment and detox facility that provides residential substance use treatment for adult men and women

Housing Assistance/Transitional Housing and Transportation

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Concho Valley Turning Point, affiliated with Rust Street Ministries 528 E Highland Blvd, San Angelo, Tx 76903	Mon-Fri: 8am-12pm	325-658-1389	They have an 8 unit apartment complex for men looking for Christ-Centered transitional housing.
Fresh Start Ministries-Women's Transitional Housing PO Box 3653 San Angelo TX 76902	Mon-Fri 9am-5pm	325-656-7386	We offer a long-term, life changing, Biblical-based, Christ-centered, mentoring and discipleship program designed to assist hurting women.
PaulAnn Baptist Church Transitional Housing for Women 2531 Smith Blvd, San Angelo, Tx 76905	Mon-Wed: 9am-5pm, Fri: 9am-12pm & Sun 9am-12:30am	325-655-7552	It is an 8 unit apartment complex for women transitioning out of treatment. Potential renters have to fill out an application and participate in a preliminary interview. The Board reviews applicants to determine who is the right candidate to live in the facility.
Adams House P.O. Box 600632, San Angelo, TX 76906	N/A	325-450-3151	\$400 a month including utilities. Must sign a sober living agreement.
Hoppers House 211 W. 1st St., San Angelo, TX 76903 and 6545 N Grape Creek Rd. San Angelo, TX 76901	N/A	325-276-1978	Schedule an interview with Chris or Brandy Hopper. Hoppers House provides 40 beds for men working on their sobriety and is religious
Victory Outreach/ Joshua 1:2 Fellowship 1526 S. Irving St. San Angelo, TX	N/A	325-658-1061	Religious Based housing, will not allow psychiatric medications.
Oxford House 2536 University Ave, San Angelo, TX 76904	N/A		Self-run, self-supported recovery home for men in recovery that want to stop drinking and using drugs. Oxford House requires a non-refundable move in cost of \$150.00 and \$145.00 per week.
Momentous Home – Women 701 E 19th Street, San Angelo, Texas 76903	N/A	325-212-0340	Privately owned and the management reserves the right to refuse service to anyone. Offers a safe environment for guest free of alcohol, drugs, and violence.

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ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Sara's House 401 W. Twohig Ave, San Angelo TX 76901	325-224-3481	Sara's House provides intensive residential treatment for women, women with children and pregnant women.	
William's House 401 W. Twohig Ave, San Angelo TX 76901	325-224-3481	William's House provides intensive residential treatment for men	Faith Based Transitional Living for Men. Can get a job working on the ranch
MHMR Concho Valley- Supported Housing Services	Mon-Fri 8am-5pm Closed 12pm-1 for lunch	325-658-7750	Housing supports are based on individual needs, including locating low-cost housing, negotiating leases, acquiring household items, obtaining subsidies, moving into residences, and successfully maintaining residences.
Galilee Community Development Corporation-Helping Hands 39 Buick Street San Angelo TX	Mon-Fri 9am-4pm	325-655-6700	This program is designed to repair and rehabilitate homes of low-income elderly in the Concho Valley
Housing Authority of San Angelo 420 E.28th St. San Angelo, TX 76903	Mon-Fri 8am-5pm	325-481-2500	Provide quality, affordable housing to income eligible families while offering opportunities to achieve self-sufficiency and economic independence.
Concho Valley Community Action Agency 133 W Concho Ave San Angelo TX	Mon-Thurs 8am-5pm, Fri 8am-12pm	325-653-2411	Aids with utilities, housing/rental assistance, weatherization and tax preparation
Area Agency on Aging 2801 W Loop 306 Suite A San Angelo TX	Mon-Fri 8am-5pm, closed from 12pm-1pm for lunch	325-944-9666	•AAA Provides clothing/household items, food, emergency assistance with rent, utilities, select medications, gasoline, counseling service, service coordination, caregiving services. For most services you must be 60 years of age or older
Concho Valley Transit (Fixed Route) and Specialized Transportation 510 N Chadbourne San Angelo TX 76903	Mon-Fri 6:30am- 11:30am and 12:30pm- 6:30pm; Sat 7:30am- 11:30am and 12:30pm- 6:30pm	325-947-8729	Provides Fixed routes, Rural routes to the surrounding counties, provides ADA transit services.

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Veteran's Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
San Angelo VA Clinic 4240 Southwest Blvd, San Angelo, Tx 76904	Mon-Fri 8am-4:30M	325-658-6138	The San Angelo Community Based Outpatient Clinic (CBOC) is designed to deliver primary care and Mental Health services to eligible veterans living in the following counties: Coke, Glasscock, Irion, Reagan, Sterling and Tom Green.
MHMR Concho Valley-Operation Housing & Hope (OHH) 1501 West Beauregard Avenue, San Angelo, Texas 76901	Mon-Fri 8am-5pm, closed 12pm-1 for lunch	325-658-7750	Provides financial assistance for Rent/Mortgage, Car, Utility and Funeral assistance.
West Texas Counseling and Guidance- Veterans Outreach 36 E Twohig St, Suite 600 (6th floor) San Angelo, Tx 76903	Mon-Fri 9am-5pm	325-944-2561	The mission of WTCG is to enable individuals and families to reach their full potential in body, mind and spirit, using evidence-based counseling and educational services
Tom Green County Veterans Services 202 Henry O Flipper, San Angelo, Tx 76903	Mon-Fri 9am-5pm	325-659-6560	Personalized service and prompt, personal attention helping veterans feel comfortable and relaxed, assisting in providing needed information and direction toward securing employment or training.
Texas Veterans for Veterans 1905 E. Pulliam St. San Angelo TX	N/A	325-227-8524	Texas Veterans for Veterans has been focused on providing for the needs of Texas veterans and their families, serving them through outreach programs, as well as offering a gathering place for weekly fellowship.
DAV 237 San Angelo 2121 S Chadbourne St San Angelo Tx	Varies	325-262-2370	The organization provides nearly 615,000 rides for veterans attending medical appointments and assists veterans with more than 250,000 benefit claims annually and assists in helping veteran's find employment.
MHMR Concho Valley- Military Veterans Peer Network (MVPN) 1501 W Beauregard Ave San Angelo Tx	Varies	325-658-7750	Offers peer to peer support groups, peer mentorship, social groups, team services projects, and workshops led by other veterans and military family members.
Veterans of Foreign Wars 125 S Browning St San Angelo TX	Tues and Thurs-Sat 3pm-12am	325-655-6550	Help service members weather long deployments through free phone calls home from overseas, provide emergency financial assistance to military families for those situations beyond the service members control due to military service and offer financial grants for unit celebrations helping boost morale.
Combat Veterans Outreach 342 S Chadbourne St San Angelo Tx	Varies	325-617-7199	We help veterans on an as needed basis by offering counseling and guidance to those at risk. We provide health resources, ensure a welcoming and safe environment, distribute financial assistance, and give access to additional services.

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Veterans Crisis Line	24 Hours	988 and Press option 1 Text: 838255 Or Chat online: www.veteranscrisisline.net Deaf/Hard of hearing: 800-799-4889	To receive confidential crisis intervention and support.

Law Enforcement Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Texas Law Enforcement Peer Network-TLEPN 1400 Botham Jean Blvd, Dallas TX 75215	N/A	972-338-1314	The TLEPN is provided at no cost to Texas State Law Enforcement agencies. Our Mission is to eliminate police suicide in the state of Texas, because even one is too many.
Tom Green County Mental Health Deputies	Varies	325-655-8111	Responding to emergency calls involving mental health individuals in a mental crisis Diverting individuals from the criminal justice system and connecting them with mental health services.
Tom Green County Sheriff's Office	Varies	325-655-8111	The sheriff is the chief law enforcement officer for the county and is responsible for: Operating the county jails Investigating crimes Making arrests Enforcing traffic regulations on county roads Serving writs Seizing property after judgment Maintaining communications with other law enforcement organizations
SAPD	Varies	For Emergency: 911 Non-Emergency Line: 325-657-4315	Maintain public order and safety, enforcing the law, and preventing, detecting, and investigating criminal activities

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Counseling

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
West Texas Counseling and Guidance 36 E Twohig St, Suite 600, San Angelo, Tx 76903	Mon-Fri 8am-5pm	325-944-2561	Anyone with a desire to be counseled. Wide range in services including children, adolescents, marriage, anger management, overeating, alcohol use, sexual abuse & more.
MHMR Concho Valley- Adult Outpatient Clinic for Behavioral Health Services 202 N Main St San Angelo TX	Mon-Fri 8am-5pm closed 12pm-1 for lunch	325-658-7750	Offers medication management, Case management/Recovery Coach, Psychosocial Rehabilitative Services, Supported Housing, Supported Employment, Counseling, and Drug & Alcohol Treatment.
MHMR Concho Valley- Child & Adolescent Services 424 S Oakes San Angelo TX	Mon-Fri 8am-5pm closed 12pm-1 for lunch	325-658-7750	Offers medication management, Case management, skills training, family partner services, counseling services YES Waiver: a Medicaid waiver program. The YES waiver provides intensive community-based services to assist children and adolescents with serious emotional disturbances (SED) to live in the community with their families
West Texas Counseling and Rehabilitation of San Angelo, Inc. 601 S Irving St, Suite 4, San Angelo, Tx 76903	Mon-Fri 5:30 am-9:30am & Sat 6:30am-8:30am	Phone: 325-653-3683 Toll Free Number: 1-866-286-9827	Primary focus of WTCR is outpatient substance abuse treatment, detox, suboxone treatment, methadone maintenance, and methadone detox.
West Texas Counseling Associates 219 S Abe St, San Angelo, Tx 76903	Mon-Thurs 8am-5:30pm; Fri 8am-12pm	325-655-7549	Counseling for adults, children, couples, and families. The fee is between \$80 and \$90 per session. Medicaid accepted for individuals 21 years old and under. Private insurance and private pay, no sliding scale.\$90 per session. Medicaid accepted for individuals 21 years old and under. Private insurance and private pay, no sliding scale.
River Crest Hospital- Intensive Outpatient Program	24/7	800-777-5722	The Intensive Outpatient Program (IOP) is more intensive than traditional outpatient programs and is designed to achieve short-term stabilization and resolution of immediate problem areas.

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PermiaCare- OSAR Texas (Outreach, Screening, Assessment and Referral)

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
PermiaCare 401 E. Illinois Midland, TX 79701	Varies	432-570-3333 OSAR/Substance use disorder referrals: 844-420-3964 Crisis phone: 844-420-3964	Early childhood intervention program, intellectual & development disability service, mental health service, substance use disorder services.

Aging, Disability, Personal Care Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Area Agency on Aging 2801 W Loop 306 Suite A San Angelo TX	Mon-Fri 8am-5pm, closed from 12pm-1pm for lunch	325-944-9666	AAA Provides clothing/household items, food, emergency assistance with rent, utilities, select medications, gasoline, counseling service, service coordination, care giving services. For most services you must be 60 years of age or older
MHMR Concho Valley-IDD Services 1501 W Beauregard San Angelo TX	Mon-Fri 8am-5pm, closed for lunch from 12pm-1pm	325-658-7750 Crisis Hotline: 325- 653-5933 or 800- 375-8965	Offer an array of services including: Service Coordination, Provider Services, IDD Dual Diagnosis & Crisis Services, CLASS Case Management, group enrichment services.
Disability Connections Resource Center 2809 Southwest Blvd., San Angelo, Texas 76904	Mon-Fri 8am - 5pm	325-227-6625	Individual and System Advocacy, information, referrals, independent living skills, peer support and transitional living.

Health and Medical

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Esperanza Health and Dental 35 E 31 ST St, San Angelo TX 76903 or 1610 S Chadbourne St, San Angelo Tx 76903	Varies	325-658-5339	Provides quality primary and preventative health care to all people, particularly the medically underserved.
Tom Green County Indigent Health Care 19 N Irving St San Angelo TX, 76903	Mon-Thurs 8am- 11:30am & 1pm-4pm Fri: By appointment only	325-659-6504 Fax: 325-655-4863	Healthcare services for low income, disabled, and elderly persons. Provides medical and pharmaceutical assistance.
San Angelo Health Department 2030 Pulliam St Suite 8 San Angelo TX 76905	Mon-Fri 8am-12pm and 1pm-5pm	325-657-4214	All immunizations and STD screenings. HIV/Aids testing and support. Tuberculosis testing, and laboratory services.
Shannon Medical Center 120 E Harris Ave San Angelo Tx	Open 24 Hours	325-653-6741	24 HR emergency care for medical, physical injuries and mental health crisis service.
West Texas Rehabilitation Center 3001 S Jackson, San Angelo, Tx 76904	Mon-Fri 8am-5pm	325-223-6300	WTRC provides outpatient speech, physical, occupational rehab services.

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ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Pregnancy Help Center 2525 Sherwood Way, San Angelo, Tx 76901	Mon and Wed 9am-5pm; Tue and Thu 9am-7pm; Fri 9am-12pm. Closed for lunch.	325-944-1515	The Pregnancy Help Center of Concho Valley is a non-judgmental safe haven for those who find themselves in unexpected pregnancy. Confidential pregnancy testing, Medical professionals on staff Compassionate client advocates, Information on all options Referrals for medical care, social services, and more All services provided at no cost
Rivercrest Hospital 1636 Hunters Glenn Rd, San Angelo, Tx 76901	Open 24 Hours	Phone: 325-949- 5722 Toll Free: 1-800- 777-5722	River Crest Hospital offers various treatment programs for children, adolescents, adults and military members. Our adult programs include Partial Hospitalization, Intensive Outpatient, detox and rehab for chemical dependency, and more.
Wesley Nurse Program- Methodist Healthcare Ministries 37 E Beauregard Ave, San Angelo, Tx 76903	Mon-Thurs 8am-5pm	325-653-9391	A key component Wesley Nurses undertake in their communities is providing health education, health promotion and facilitation of resources. We assist individuals and communities in achieving improved health and wellness through self-empowerment and access to healthcare resource information
Shannon-Behavioral Health 2018 Pulliam St, San Angelo, TX 76905	Varies	325-659-7300	A 22-bed regional inpatient psychiatric facility that provides comprehensive mental health services for adults and senior adults experiencing emotional or behavioral problems.
Shannon Urgent Care- South 3502 Knickerbocker Rd San Angelo TX	Mon-Sun: 7am-7pm	325-481-2222	When your medical needs are urgent but not life-threatening, such as a sprained ankle or minor cut, an Urgent Care center can provide a closer, faster, simpler and less expensive alternative to the emergency room (ER).
Shannon Urgent Care-North 2626 N Bryant Blvd San Angelo TX	Mon-Sun: 7am-7pm	325-481-2271	When your medical needs are urgent but not life-threatening, such as a sprained ankle or minor cut, an Urgent Care center can provide a closer, faster, simpler and less expensive alternative to the emergency room (ER).
Shannon Urgent Care-West 4251 Sunset Dr San Angelo TX	Mon-Sun: 7am-7pm	325-481-2226	When your medical needs are urgent but not life-threatening, such as a sprained ankle or minor cut, an Urgent Care center can provide a closer, faster, simpler and less expensive alternative to the emergency room (ER).
Shannon Rehabilitation Hospital- Affiliate of Encompass Health 6046 Appaloosa Trail San Angelo TX	24/7	325-284-4000	Provides physiotherapy, occupational therapy and other rehabilitative treatment for physical injury, dysfunction or disability.
Lions Club 27 W Concho, San Angelo, Tx 76903	Tues-Wed 9am-1pm	325-227-4350	The local Lion's Club offers eye exams and glasses at no cost. There are no appointments- just walk ins. They advise you call ahead to make sure they are open because it is operated by volunteers. Bring ID at your appointment.

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Faith-Based Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Catholic Outreach Services 410 South Chadbourne St San Angelo TX	Mon-Fri: 10am-2pm	325-658-4124	Provides food, clothing, emergency assistance with rent and utilities to qualified applicants
Christian's in Action 410 South Chadbourne St San Angelo Tx	Mon-Sat: 9am-5pm	325-655-5127	Aids with rent, clothing, and utilities (electric, gas, and water). Call to make an appointment.
Rust Street Ministries 803 Rust Street San Angelo, TX 76903	Mon-Thurs: 8am-1pm & Fri: 8am-12pm	325-486-1004	Assist people with basic necessities, food, clothing, and household items.

SUBSTANCE USE DISORDER SERVICES

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Alcoholics Anonymous Locations and times can be found on Sanangeloaa.org	Varies	325-657-6645 24HR HOTLINE: 325-939-8939	Fellowship individuals who seek to recover from alcoholism. Serves San Angelo Mertzson, Ballinger, Sonora, and Robert lee.
Narcotics Anonymous Locations and times can be found online through bigcountryna.com	Varies	325-657-6646 NSASA HOTLINE: 325-213-4950	Fellowship individuals who seek to recover from narcotics. Serves Abilene, Baird, Brownwood, Cisco, San Angelo, Sweetwater and Wichita Falls.
West Texas Counseling and Rehabilitation of San Angelo, Inc. 601 S Irving St, Suite 4, San Angelo, Tx 76903	Mon-Fri 5:30 am-9:30am & SAT 6:30AM-8:30AM	Phone: 325-653-3683 TOLL FREE NUMBER: 1-866-286-9827	PRIMARY FOCUS OF WTCR IS OUTPATIENT SUBSTANCE ABUSE TREATMENT, DETOX, SUBOXONE TREATMENT, METHADONE MAINTENANCE, AND METHADONE DETOX.
MHMR Concho Valley Substance Use Disorders Program (SUD)	Mon-Fri 8am-5pm closed 12pm-1 for lunch	325-658-7750	The individual will receive treatment for their mental health disorder and substance use disorder simultaneously. The outpatient program is designed to meet the needs of individuals who do not require the more structured environment of residual inpatient treatment to maintain sobriety. The program provides individual and group counseling, family sessions, and referrals to community support programs/inpatient residential treatment when needed.

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ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Alcohol & Drug Awareness Center for the Concho Valley- Journey to Recovery Center 3553 W Houston Harte Expressway, San Angelo Tx 76901		325-224-3481	72 bed treatment and detox facility that provides residential substance use treatment for adult men and women
Alcohol and Drug Awareness Center for the Concho Valley 3553 W Houston Harte Expressway, San Angelo TX 76901	Mon-Fri 8am-5pm	325-224-3481	ADACCV provides inpatient and outpatient substance abuse treatment

Support Groups and Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Breast Feeding Community Gathering 201 E Harris Ave San Angelo TX 76904	Thursdays at 11am	325-481-6326	Offers support and guidance on breast feeding.
MHMR Concho Valley-San Angelo Clubhouse 404 S Irving St San Angelo TX 76903	Mon, Wed, Thu, Fri 8am-4pm and Tue 8am-6pm and Sat 9am-3pm	325-617-7884	San Angelo Clubhouse empowers adults with diagnosed mental illness - Transforming lives by building community, teaching job skills and supporting recovery.
Catholic Outreach Services 410 S Chadbourne St San Angelo TX	Mon-Fri 10am-2pm	325-658-4124	Provides food, clothing, emergency assistance with rent and utilities to qualified applicants
Christian's in Action 410 South Chadbourne San Angelo TX	Mon-Sat 9am-5pm	325-655-5127	Provides assistance with rent, clothing, and utilities (electric, gas, and water). Call to make an appointment.
Concho Valley Home for Girls 412 Preusser St San Angelo TX	Varies	325-655-3821	Emergency Shelter for Children
Children's Advocacy Center of Greater West Texas 3418 Town and Country Dr San Angelo TX	Mon-Fri 8am-5pm	325-653-4673	Provides advocated for children in the foster care system, investigates abuse of children, counseling referrals, court accompaniment. Also offers family enrichment classes.
Open Arms Rape Crisis Center & LGBTQ+ Services 113 North Harrison St San Angelo TX	Mon-Thurs 8am-5pm and Fri 8am-3pm	325-655-6439 Hotline: 800-656-4673	Provides support, counseling, empowerment, and advocacy services

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ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
WIC- Woman's, Infants and Children 52 West College Ave San Angelo TX	Mon-Thurs 7am-6pm, closed from 12pm-1pm for lunch	325-657-4396	WIC is a nutrition program that helps pregnant woman, new mothers, infants, and young children eat well, learn about nutrition and stay healthy.
Social Security Administration 40 West Twohig Ave San Angelo TX	Mon-Fri 8am-4pm	800-772-1213	Screen applications for social security, retirement services, disability supplemental security income, and Medicare screening (must be blind, disabled or over 65 years of age).
Texas Health and Human Commission 622 South Oakes San Angelo TX	Mon-Fri 8am-5pm	325-655-0576	Medicaid eligibly division determines financial and medical eligibility. Apply for SNAP, TANF and support services.
211 Texas Information Center	Varies	877-41-7905	Information on utility bill assistance, childcare, programs for the elderly, substance use intervention, mental health assistance, SNAP, Medicaid, and Medicare information.
ICD Family Shelter Mailing Address: PO Box 5018 San Angelo TX	Varies	325-655-5774 24 Hr Hotline: 800-749-8631	Provides a safe haven and education services to domestic violence victims.
Public Housing Authority 420 East 28 TH St San Angelo TX	Mon-Fri 8am-5pm	325-481-2500	If eligible, HUD can help with rental assistance. Apply online at www.sanangelopha.com
West Texas Boys Ranch 10223 Boys Ranch Rd San Angelo TX	Mon-Thurs 8am-5pm Friday 8am-4:30pm	(325) 949-1936	Non-profit organization offering guidance, structure, and opportunities through a family-based program and Christian environment so young men may realize their greatest potential.
Tom Green County Crisis Intervention Unit 17 South Chadbourne St #102 San Angelo TX	Mon-Fri 8am-5pm	325-227-8753	The Tom Green County Sheriff's Office has a Crisis Intervention Unit (CIU) on call 24/7, that respond to calls from local law enforcement agencies in Tom Green County. The unit provides assistance to victims of violent crimes or another crisis.
Education Service Center: Region 15 612 South Irene St San Angelo TX	Mon-Fri 8am-5pm	325-658-6571	ECI helps babies and toddlers from birth to three with development delays or significant medical problems. ECI partners with families to help children grow, learn and stay healthy. Families of all income levels receive ECI services. There is no income limit.
Mental Health First Aid Mentalhealthfirstaid.org	N/A	N/A	Online resource for learning more about mental health first aid, searching for classes near you, additional online resource options and FAQs
West Texas Counseling and Guidance Survivors of Suicide (SOS) Group	Meets on Tuesdays	325-944-2561	Members of the group receive support, guidance, understanding, compassion, comfort, resources, belonging, and social interaction from others who have lost a loved one to suicide.

For Immediate Mental Health Crisis Support
Call (325) 653-5933 / (800)375-8965

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
West Texas Counseling and Guidance LOSS Team	Varies	325-944-2561	Group of volunteer survivors of suicide and mental health professionals who are trained to respond to scenes of local suicides to provide peer support, information about resources, and serve as an installation of hope for newly bereaved after the loss of a loved one to suicide.
National Alliance on Mental Illness (NAMI)-Texas 404 S Irving San Angelo, TX 76904		325-374-8940	Nationwide, grassroots mental health organization. NAMI offers educational programs, advocates for individuals and families affected by mental illness, and operates a toll-free helpline. NAMI San Angelo serves Tom Green, Concho, Schleicher, Irion, Sterling, and Coke Counties
Sonrisas Trails 5185 S Bryant Blvd, San Angelo, TX 76904	Mon-Fri 8am-5pm	(325) 949-4837	Providing therapy to persons with physical, emotional, and mental challenges through a carefully structured program of equine activities.
Adult Literacy Council of the Concho Valley 59 E 6 th St San Angelo TX	Mon-Thurs 8am-8:30pm	325-657-0013	We provide free one-on-one or small-group tutoring for English as a second language, English conversation and basic literacy. We also have experienced teachers to help with GED preparation and basic keyboarding.
Salvation Army- Social Services 2225 W Beauregard Ave San Angelo TX	Mon-Sat 10am-6pm	325-655-3838	Out of the Cold Program: For those with no place to go or in need of emergency shelter when temperatures drop below 35, The Salvation Army is there to help by offering shelter in selected area motels for the night! Financial Assistance: Able to offer the MCAP Fund to assist in paying utilities, mortgage or rent for those who qualify.

Childcare Services

ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Ozona Community Center 1604 Primary St, Ozona, TX 76943	Mon-Fri 8am-5pm	325-392-2710	Our mission is to provide high-quality daycare at an affordable cost and to be an influence for good in the lives of children and their families
San Angelo Early Childhood Center 619 Julian St San Angelo TX	Mon-Fri 6:45am-5:30pm	325-653-1825	The San Angelo Early Childhood Center supports families in our community by providing high-quality care for children ages 7 weeks to 5 years with tuition rates based upon a family's ability to pay

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ORGANIZATION NAME	HOURS	NUMBER	CARE MANAGEMENT SERVICES
Boys & Girls Club of the Concho Valley	Mon-Fri 3pm-6pm	325-655-8343	Boys & Girls Clubs of the Concho Valley provides a fun, safe, constructive, and affordable environment for kids and teens during critical out-of-school hours.
YMCA of San Angelo 353 S Randolph San Angelo TX	Mon and Wed-Thurs- 5am-9pm	325-655-9106	The Y is a leading nonprofit organization for youth development, healthy living, and social responsibility
Early Redwine Childcare Center 5191 S Bryant Blvd, San Angelo, TX 76904	Mon-Fri 7:30am-5:30pm	(325) 777-0035	Provides high quality and developmentally appropriate childcare with focus on the individual child's age and ability to stimulate social, cognitive, physical and emotional growth. To provide a safe, nurturing and recreational environment.

COMMUNITY SOUP KITCHEN AND MEAL SERVICES

ORGANIZATION NAME	ADDRESS AND PHONE NUMBER
Concho Valley Food Bank	Address: 1313 Hill St Phone: 325-655-2331
Bethel UMC Bread Pantry	Address: 115 Ave O Phone: 325-653-2679
Crosspoint Fellowship Church	Address: 4210 Coliseum Dr Phone: 325-812-6216
Edmund Boulevard Baptist Church	Address: 1405 Edmund Blvd Phone: 325-944-2662
First Christian Church	Address: 29 N Oaks St Phone: 325-653-4523
First United Methodist Church	Address: 37 E Beauregard Phone: 325-655-8981
Freedom Fellowship Food Pantry	Address: 342 S Chadbourne St Phone: 325-227-4121
Galilee Baptist Church	Address: 721 W 19th St Phone: 325-655-1328
Garden Gathering Church	Address: 1700 N Chadbourne St Phone: 325-450-4863
Grape Creek UMC	Address: 8045 IS Highway 87 North Phone: 325-234-8580
Harris Ave Baptist Church	Address: 1026E Harris Ave Phone: 325-658-4124
Heights Baptist Church	Address: 4512 Sherwood Way Phone: 325-224-8222

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ORGANIZATION NAME	ADDRESS AND PHONE NUMBER
House of Restoration	Address: 529 W 48th St Phone: 325-763-9457
Primera Inglesia Bautista	Address: 23rd W Ave J Phone: 325-655-7515
San Angelo Apostolic Church	Address: 401 S Bell St Phone: 325-947-1043
Rust Street Ministries- Neighbors Café Soup Kitchen	Address: 803 Rust St Phone: 325-277-7326
St Paul Presbyterian Church	Address: 11 N Park Phone: 325-653-5691
St Theresa Catholic Church	Address: 11774 Beaumont St, Carlsbad Texas Phone: 325-465-8062
Daily Bread Soup Lunch Program	Address: 301 W 18 th Street Phone: 325-653-9028

Outdoor cabinets in public places stocked with non-perishable food items, basic toiletries, baby supplies and anything else that might be considered a blessing to someone who finds themselves in need. Items are anonymously donated and anonymously received.

Blessing Boxes

Crosspoint Fellowship-4210 Coliseum Dr

First Baptist Church- 13 E Harris

First Presbyterian Church-32 N Irving St

First United Methodist Church- 37 E Beauregard

Galilee Baptist Church- 721 W 19th St

Emmanuel Baptist Church- 90 E 14th St

State Farm Insurance- 1820 College Hills Blvd