



# MHMR

Concho Valley

My Health

My Resources

Annual Report FY 2022



*"Working Together to Help People Help Themselves"*

*Proudly serving individuals with Mental Illness, Intellectual and Developmental Disabilities, and Substance Use Disorders.*

## CENTER OVERVIEW

### Our Mission

“Working together to help people help themselves”

### Our Vision Statement

“Creating better health and wellness in our community”

### Our Center Values

Respect Integrity Support Excellence

R. I. S. E.

**Respect** – Value and celebrate the unique & diverse talents, experiences & perspectives of everyone, and treat others with sensitivity and respect.

**Integrity** – Accountable for performance by working towards open & honest dialogue with persons served & staff, while within & across organizations to deliver the most positive outcomes.

**Support** – Encourage, validate, and build up our staff, persons served, & community partners.

**Excellence** – commitment to continuous improvement in our systems & service delivery

### Services Provided:

Adult Behavioral Health, Child & Adolescent Mental Health

Intellectual and Developmental Disabilities (IDD)

24/7 Behavioral Health Crisis & Suicide Prevention

Substance Use Services

Veteran Services

Justice Involved Services

Peer Supports

Supportive Housing & Employment Services



## A MESSAGE FROM THE CEO

FY 2022 marked MHMRCV’s 56<sup>th</sup> year working to improve the lives of adults and children living with mental illness, intellectual & developmental disabilities (IDD) and substance use disorders. As the Local Mental Health & Intellectual & Developmental Disability Authority, our staff shared their passion, dedication and expertise to build the health & well-being for just over 7,000 people in the Concho Valley.

Fiscal Year 2022 was a year of growth and change for MHMR Concho Valley. As an organization we updated our “brand” with a name revision, “**My Health My Resources**”, new logo, new website and program literature. We saw the fruition of two years preparatory work when we received the **Certified Community Behavioral Health Clinic (CCBHC)** status in March 2022. As a CCBHC we are providing a comprehensive range of mental health & substance use services that integrates care coordination and primary care in a “whole person approach.”

My Health My Resources continues to be mission driven and focused on our shared values of Respect, Integrity, Support & Excellence throughout our daily work. As an organization, we strive to meet our Strategic Plan Goals & Objectives that focus on People, Service, Quality, Growth, & Finance.

-Gregory J. Rowe, C.E.O.



## COMMUNITY OUTREACH EVENTS - 41

34 Center & Community Events

MHMR Concho Valley hosted 8 different events this year including, Tip a Cop, Freedom Fiesta, Golfing for Military Heroes, and the Annual Trunk or Treat.

7 Radio Show Features

# BY THE NUMBERS

During Fiscal Year 2022 (September 1, 2021 – August 31, 2022) MHMR Concho Valley served **7,043** individuals in the Concho Valley.

**7,043**  
Individuals Served

**979** Intellectual and Developmental Disabilities  
58,225 Services Provided 396,216 Hours of Services

**572** Child & Adolescent Mental Health  
10,412 Services Provided 7,944 Hours of Services

**1,702** Adult Behavioral Health  
32,019 Services Provided 11,640 Hours of Services

**773** Veteran Services

**2,842** Crisis Calls  
1,662 Services Provided 1,927 Hours of Services

**175** Clubhouse Peer Supports



## TRAINING REPORT



## TRAINING NUMBERS

**23** Trainings (Mental Health First Aid & Suicide Prevention)  
**306** Individuals Trained



MENTAL HEALTH FIRST AID



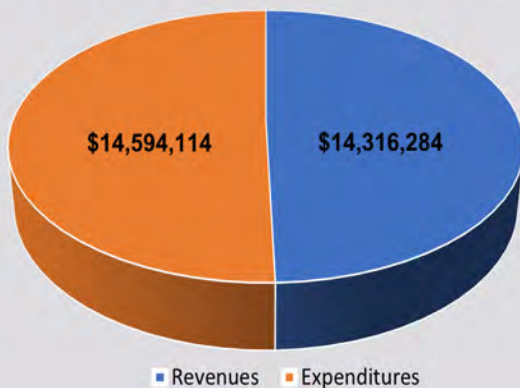
ASK? Ask About Suicide To Save a Life

## FACEBOOK NUMBERS

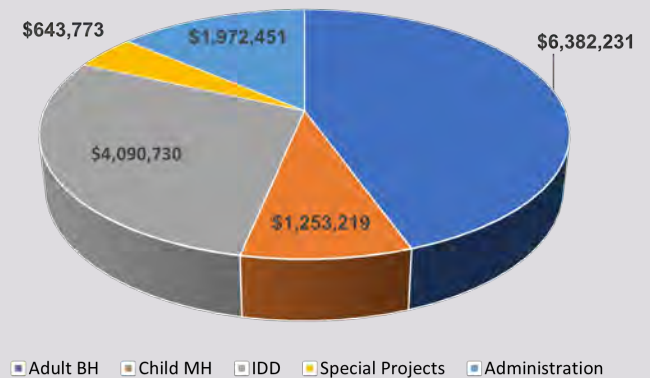
**5,026** Page Visits **+61.2%**  
**28,182** Page Reach **+238.5%**  
**171** New Page Likes **+210.9%**

**312** Posts

## FY 2022 REVENUE & EXPENDITURES



## EXPENDITURES BY DIVISION



\*Expenditures exceeded revenues due to the board approved purchase of the San Angelo Clubhouse property. Center fund balance was utilized.

## CENTER HIGHLIGHTS



This year MHMR rebranded with an updated name, "My Health My Resources" (MHMR) Concho Valley, new logo, and website.



In March of 2022, our Center became a Certified Community Behavioral Health Clinic (CCBHC).



San Angelo Clubhouse was reaccruited by Clubhouse International for three years in April 2022.



In August 2022, MHMRCV hosted a Sequential Intercept Model Mapping (SIM) of Tom Green County, where 30 individuals from various organizations participated. SIM is the process of mapping how individuals with unmet BH needs interact with and move through the criminal justice system.

# **MHMR CONCHO VALLEY BOARD OF TRUSTEES**

**John Stokes**

*2022 Board Chair, Retired*

**Cary Houston**

*2023 Board Chair*

**Dianna Spieker**

*Vice Chair*

**Jeff Gibson**

*Secretary/Treasurer*

**Dr. Tim Davenport-Herbst**

*Trustee*

**Linda Kujawski**

*Trustee*

**Drew Peterson**

*Trustee*

**Don Mckee**

*Trustee*

**Dr. Sangeeta Singg**

*Trustee*

**Jana Harrison**

*Trustee*

**Burleigh Locklar, Jr.**

*Ex Officio, Tom Green Co.*

**Sheriff Jeff Garner**

*Ex Officio, Reagan Co.*

## **EMPLOYEES, VOLUNTEERS, AND MORE**

**174** Employees

**75** Volunteers & Interns

**66** Contracted Providers

## **OFFICE LOCATIONS**

### Administration and Intellectual & Developmental Disabilities

1501 W. Beaugard

San Angelo, TX 76901

### Adult Behavioral Health Outpatient Services

202 N. Main Street

San Angelo, TX 76903

### Dr. Lloyd L. Downing Campus (MCOT & RACT Services, Housing & Employment Services, Crisis Respite)

244 N. Magdalen St.

San Angelo, TX 76903

### Child & Adolescent Mental Health Services

Family & Youth Guidance Center

424 S. Oakes

San Angelo, TX 76903

### YES Waiver & Youth Skills Training

902 Spaulding

San Angelo, TX 76903

### San Angelo Clubhouse

404 S. Irving St.

San Angelo, TX 76903



## **CONTACT US!**

Phone : (325) 658-7750

(833) 406-0857

Crisis : (325) 653-5933

(800) 375-8965

info@mhmrvc.org

www.mhmrcv.org



## **FOLLOW US!**

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